



What Gratitude Is

Fulton J. Sheen wrote:

"An interesting phenomenon in children is that gratitude or thankfulness comes relatively late in their young lives. They almost have to be taught it; if not, they grow up thinking that the world owes them a living."

Someone once said that she didn't want to force her son to say "Thank you" unless he really felt like it saying it. "If I teach him to say 'thank you' when he doesn't feel thankful, I'm teaching him that it's OK to be a hypocrite."

That's not even close to what gratitude is. Our feelings have nothing to do with why we express it. Gratitude is not an emotion, it's an action. The act of saying "thank you" is for the benefit of the other person. It's about their feelings, not yours.

The same is true when it comes to say "Thank you" to God. Thankfulness is the proper response to the goodness of God. We say "thank you" because He is good, not just because we happen to feel good.

That's why the Psalms so often refer to the "sacrifice of thanksgiving" -- it's an act of obedience, not just an emotional outburst.

David said, "I will offer to thee the sacrifice of thanksgiving, and will call upon the name of the Lord." (Psalm 116:17)

Like children, believers need to learn how to be thankful. Most of the time, when we consider all the good things God has done for us, we'll feel thankful. Even when our feelings don't cooperate, we need to properly express

gratitude, offering God a sacrifice of thanksgiving for the kindness and mercy he has shown us.

On October 6th we will be observing World Communion Sunday. In addition we will also have an opportunity to celebrate gratitude. So, be thinking in these days leading up to the 6th...what are you grateful to God for?

Grateful for each of you,

Pastor Chris

SEPTEMBER 2019 SERMON SERIES

September 1stGod is Love
(Romans 5:6-8)

September 8thGod is Holy
(Isaiah 6:1-8)

September 15thGod is Self-Sacrificing
(John 10:1-21)

September 22ndGod is Present and Powerful
(2 Corinthians 5:14-19)

September 29thGod is Worthy
(Luke 10:38-42)

Over the next several weeks, we'll look at what the Bible says about these particular topics.

new MEMBERS CLASS

New Member Class will meet in the Fellowship Sunday School Classroom on September 22nd from 4:00-6:00pm. It is intended for all of our people; those who are already members, those who would like to become members, and those who would like to be active in duck church while leaving their official membership at another church.

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Our Mission – To Make Disciples of Jesus Christ for the Transformation of the World.



Duck UMC is forming our mission team to visit our ZOE orphans in Rwanda, Africa. Since we now have 7 different groups in the ZOE program, this

coming trip would be an awesome opportunity to see how the Empowerment Program works from year 1 to graduation. Our trip is scheduled for February 5th-14th, 2019.

We will have an informational Meeting on Sunday, September 15th at 10:30 am in the Fellowship class room.

If you are interested in going and can't attend the ZOE meeting or need additional information about the trip or ZOE program, please contact Debbie Breit at 252-202-1042 or education@duckchurch.org

New Mom's Bible Study

The most important piece of parenting is to pray for our children. But, how do we pray? What should we ask? How can we even begin? The Mom's Bible Study will be seeking answers to those questions as we open the Bible and use the book *Praying the Scriptures for Your Children* by Jodie Berndt to help guide us. Come join us on Tuesdays, 9:30-11 AM, at the church, beginning September 10th. There will be childcare!



United Methodist MEN GET IT TOGETHER, MEN!

Get it together on Saturday, September 21st, at 8 AM for our first men's breakfast after summer hiatus. Good Food, Good Fellowship, Good Encouragement—Good Grief, Don't Miss it! And don't forget to DO SOMETHING for someone else that takes some effort or sacrifice on your part—something outside your normal area of service. We're confident many of you have a story to tell about how you served someone, so come prepared to share it with others to encourage the rest of us. We'll also start building our calendar of events for the year. If you've never attended a monthly breakfast before, you should give it a try this month. We'll have you on your way by 9:30 am.



United Methodist Women

FAITH • HOPE • LOVE IN ACTION

Thursday,
September 5th, 2019
9:30 am

United Methodist Women will be meeting on Thursday, September 5th. Come and join us for refreshments and fellowship at 9:30 AM. We are so excited that Angie Aydlett, our Pastor's wife and partner in ministry has offered to speak to us at 10 AM. Please come to welcome her and to learn about her journey. There will be a business meeting after the program to discuss the events for the rest of the year. **All women are welcome!** Please come and bring a friend.

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September BIRTHDAYS!

- | | |
|--|-----------------------------------|
| 9/2- Sandy Burgee | 9/16-Barbara Helms |
| 9/3 - Karon Grinnan
Dawn Midgette | 9/17 -George Schlagle |
| 9/10 - Kelly McGriff | 9/19-Art Beyer |
| 9/11 -R. Gary Moore | 9/20-Lynne Chase |
| 9/12 -Sue Steward | 9/21-Kathy Heinrich
Kathy Home |
| 9/13-Mary Sowder | 9/24-Nancy Kondash |
| 9/14-Aubrey Kitchin
Sheila Williams | 9/27-Judy Gregory |
| | 9/30-Marsha Griffith |

Happy Birthday to All Y'all!

If your birthday is this month but not listed, please call the church office to be included next year.

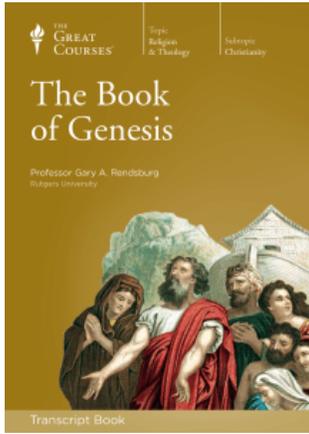
Take The Time to Welcome Our Guests.

Do not neglect to show hospitality to strangers, for by doing that some have entertained angels without knowing it.

Hebrews 13:2

Quilt-A-Thon Scheduled September 13th for OBX Blanketeers

The annual Quilt-A-Thon will be held on Friday, September 13th, from 9AM-3PM. We will be making quilt tops for OBX Blanketeers (formerly Linus), all to be given to children. Bring a sewing machine; kits with fabric will be provided. Come and join the fun and stay for a while. Call Sally Meagher for more information at 261-0276.



Gary A. Rendsburg,
The Book of Genesis
 (The Great Courses, 2006), 12 audio CDs,
 twenty-four 30-minute lectures and
 Course Guidebook.

(Note: In addition to books, the DUMC Library has an audio CD collection of courses from The Great Courses and The Teaching Company on topic relevant to religion and theology. The sets include 12-24 lectures and annotated course guidebooks.)

The lectures in The Book of Genesis offer us an opportunity to revisit the first book of the Bible from a range of perspectives, including literary, historical, theological and archeological. The historical context is an important framing for an examination of the basic religious concepts, such as worship of one god, that characterize the ancient Israelites. Three questions are parsed to explore the author's intent, how Judaism and Christianity have interpreted these scriptures through the ages, and what the text means to us today. It's a fresh look at a book of the Bible we think we know pretty well already in lectures by an accomplished scholar. The guidebook includes discussion question and a reading list for each lecture.

Reviewed by Doug Brook
 CDs available in the DUMC library



Hi Everyone!

I hope your summer has been filled with visits from family and friends and that wonderful memories have been made. We recently held our first Stewardship Committee meeting of the year and I am excited to share some news.

To review, for the last three years we have followed the Consecration Sunday format for our fall Stewardship program. We have learned that Stewardship encompasses our whole life and not just our finances. We learned that our financial stewardship is just as important as prayer, worship, bible study etc. to our spiritual journey. Just as we bring God our petitions and prayers for health, relationships and wisdom to God so should we bring our finances. I love how we have grown together in our faith through the teaching of this program.

As with any program there are positives as stated above (and there are many more!) and negatives "why are we spending so much on the meal that we serve after the campaign?" We have heard you and are compelled to discontinue the meals and use those funds in other areas of Stewardship.

You will be updated when we finalize our ideas for this year and beyond. In the meantime, be grateful for all that God has blessed you with, be good stewards of all God has given you and praise God for his unrelenting love.

Thank you for being my awesome church family!

Fran Thompson
 Stewardship Chair



Please join us for a
**Church Wide Combined
 Traditional Worship Service**
September 29th

at 11:00 am

and a

Pot Luck Lunch

after in the

Fellowship Hall

around 12:15 am

The Church will provide
 fried chicken and drinks.

Please bring your favorite
 side dish to share!

For additional information

please

call Debbie Breit at

252-202-1042

T • H • E 
 LOUISE
**ALHOUSE
 BOOK CLUB**

will meet on Monday, September 9, at 9:30 AM
 in the home of Pam Cotter, 134 E. Holly Trail,
 Southern Shores. The book to be discussed is
Necessary Lies by Diane Chamberlain.

Guests are Always Welcome
 and we encourage you to join us.



This photo of the chapel is stunning. The chapel was donated to Duck UMC in 1990 by Richard and Janet Goldbach and named the "Clinton Memorial Walkway and Chapel in the Woods". It was declared that the chapel would be open 24 hours a day and 365 days a year for all in need of prayer and meditation.

For almost 30 years, thousands have visited the chapel for that purpose. The guest books collected over the years attest to how visitors needs were fulfilled by just spending time there.

The need to repair the walkway and the chapel has become apparent. The trustees recognize this is the time!

It has endured many storms and environmental elements causing damage to the exterior and making the walkway unsafe.

The work has begun.

The chapel is a magical spot
which allows
communion with God.

If you would like to help with the restorations, gifts to the Building Fund identified for the chapel will help support this project.

Thank you.



Children's Ministry

Be a part of the team that plans and implements our Children's Ministry • 1 Monday Morning a month • 9:30-10:30 am

Prayer Ministry Led by Rosalie Schwarz

Monday afternoons • 1:30-3:00 pm

Volunteer to Work with students at Kitty Hawk Elementary School

Mom's Bible Study led by Taunya Moore

Tuesday Mornings from • 9:30-11:00am
Duck Methodist Church • **Childcare Provided**

Circle of Friends Women's Bible Study

Tuesday Evenings • 6:45-8:30pm

Couple's Bible Study

Tuesday evenings • 6:30-8:00pm

Pastor Bible Study led by Pastor Chris

Wednesday Mornings • 10:00 to 11:00 am
Duck Methodist Church Fellowship Classroom

Women's Bible Study on Women of the Bible

Wednesday Nights • 5:30-7:00 pm
Lisa Walker's home 229 Sea Oats Trail

Silver Links Luncheon

3rd Wednesday of the Month

Prayer Shawlers

Thursday's • 1:30pm

United Methodist Women

1st Thursday of the Month • 9:30 am

Adult Choir

Thursday nights • 6:30-8:00pm

United Methodist Men

3rd Saturday of the Month • 8 am

For additional information,
please contact Debbie Breit @ 252-202-1042



Another School Year is Starting.

Food For Thought provides meals on weekends for hungry children. It costs us \$275 to feed a child for a year. Please help us help our Dare County school children with a donation of any amount.



Mail to: P.O. Box 1167 • Kitty Hawk, NC 27949
or through our website: foodforthoughtobx.org

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Volunteer!



Notes from the Missions / Serve Committee:

It's now September and that means kids will be going back to school. If you've been around Duck Church for any time at all, you've heard about a local ministry called Food for Thought (FFT). The mission statement for FFT is stated as "Providing children healthy meals for strong minds".

FFT started in our church about 10 years ago when Helen Ford felt divine guidance to start this effort. For nearly every week during the school year, FFT volunteers pack up bags of non-perishable food for kids who qualify for free or reduced-fee school lunches and delivers those bags on Thursdays to be distributed on Friday for the weekend. Kids learn more when they're not hungry. This past year we averaged about 325 bags of food per week. This number was down from the previous year (that's a good thing!) due to various factors including a booming economy. I recall several years ago that our count reached into the 600's.

Here's something you probably don't know about FFT - we distribute personal hygiene supplies to schools too! A couple of years ago, it was brought to the attention of Margaret Lawler, VP of FFT and a representative on the school board, that many students were having a difficult time in school because of the inability to get personal hygiene supplies. The Outer Banks Community Foundation provided grant money to set up mini-pantries containing shampoo, deodorant, toothbrushes, toothpaste, body wash, lip balm, sun screen and soap. This program has been very successful - in fact it's been so successful that many schools approached us with requests for basic clothing needs such as sweatshirts, socks, gloves, etc.

I feel incredibly fortunate to be on the Board of FFT because it addresses the needs of our most precious natural resource - our kids! We always need volunteers to pack on Thursdays. Kim Gussis is DUMC's volunteer coordinator and you can contact her if you'd like to help pack (715-2832). And you can contact me if you'd like to help deliver with our trailer. We always need drivers! You can ride along with me or another driver and have fun volunteering. So get off the couch or off the golf course and lend a hand. I guarantee that the kids that you help - that you may never meet or know, will remember in future years when the local community came to their aid when they most needed a hand up.



Jim Cotter
Serve Chair
252-305-1260

Silver Link Lunch Is Back!

With summer behind us and fall on its way, there is something comforting about getting back into our routine of fewer cars on the road, fewer people in the checkout lines, reclaiming our beaches, children back to school, and hopefully soon turning off the AC! With September also comes the resumption of our Silver Link Lunch held the third Wednesday of each month at 11:30 AM in the Fellowship Hall. Any senior in who would benefit from connecting with other seniors for lunch and a short program is welcome to join us. **Transportation will be provided if needed.** Please join us on **September 18th at 11:30 AM** for a delicious lunch. Our guest speaker will be our new pastor, Chris Aydlett! You won't want to miss this one! For first timers, please call Lyn Shields (252-261-1858) to make a reservation.



A Prayer for the Season

In this confused and fragile world, strengthen our faith, increase our love, and let your peace flow through us, that we might be an ocean of calm in what has become a restless sea

September 2019 *A Season of Commitment...to Christ*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Office Closed	3	4 EVERY WEDNESDAY Mom's Bible Study 9:30 AM starts the 11th Pastor's Bible Study 10:00 AM Women's Bible Study 5:30 PM starts the 18th	5 United Methodist Women - 9:30 AM	6	7
8 Fall Kick Off Youth Group - 5 PM	9 Administrative Council Meeting 7:00 PM	10 Circle of Friends 6:45 PM	11 Silver Link Meeting 9:30 AM	12	13 Quilt-A-Thon 9:00 - 3:00 PM	14
15 Youth Group - 5 PM	16 Duck Call Deadline	17 Circle of Friends 6:45 PM	18  Silver Link Luncheon 11:30 AM	19 EVERY THURSDAY Choir Practice 6:30 PM	20 EVERY FRIDAY AA 7:00 PM	21 United Methodist Men - 8:00 AM
22 DUMC New Member class 4:00 PM Youth Group - 5 PM	23 EVERY MONDAY Prayer Ministry 1:30 PM (except the 1st)	24 Circle of Friends 6:45 PM	25	26	27	28
29 One Worship Service - Traditional 11:00 AM Church Wide Pot Luck Luncheon 12:15 PM District Youth Meeting @ DUMC 5-7:00 PM	30					

WORSHIP SERVICES
 Traditional Sunday Worship Services - 8 & 9:30 AM
 Contemporary Sunday Worship Service - 11AM
 Sunday School - 9:15 & 9:30 AM

See You In Church This Sunday!



Date to be determined:
 Stephen Ministries Retreat 9:00 AM - Noon



DUCK UMC YOUTH



**CHECK OUT
WHAT'S GOING ON
AT YOUTH GROUP
THIS MONTH:**



- SEPTEMBER 1ST NO YOUTH GROUP FOR LABOR DAY WEEKEND
- SEPTEMBER 8TH POOL PARTY & LUAU
- SEPTEMBER 15TH SURVIVING DRAMA
- SEPTEMBER 22ND SURVIVING YOUR TEACHERS
- SEPTEMBER 29TH DISTRICT YOUTH WORSHIP

FALL KICKOFF EVENT: POOL PARTY & LUAU!! SEPTEMBER 8TH + 5 -7PM

WARNER CAMPBELL'S HOUSE +155 HIGH DUNE LOOP + SOUTHERN SHORES
WE'RE HAVING A BIG DUCK UMC YOUTH KICKOFF FOR THE SCHOOL YEAR!
IT'S GOING TO BE A LOT OF FUN, AND WE HOPE TO REACH OUT TO LOTS OF STUDENTS WITH THIS EVENT. SO BE THINKING AND PRAYING ABOUT WHO AROUND YOU MIGHT NEED A PLACE TO BELONG AND A CONNECTION WITH JESUS.



**BEACON DISTRICT
YOUTH WORSHIP**

SEPTEMBER 29

ON SEPTEMBER 29TH, UNITED METHODIST YOUTH FROM ACROSS EASTERN NORTH CAROLINA WILL GATHER FOR WORSHIP, FUN, AND FOOD AT DUCK CHURCH!



FIND OUT MORE ABOUT OUR AWESOME FALL RETREAT AT YOUTH GROUP THIS MONTH!



FALL YOUTH GROUP, 5-7 PM

AS ALWAYS, OUR CHURCH BUS PICKS UP AND DROPS OFF FOR YOUTH GROUP:

LOWES IN KILL DEVIL HILLS

PICK UP 4:30 PM + DROP OFF 7:30 PM

MARKETPLACE BY MATTRESS STORE

PICK UP 4:45 PM + DROP OFF 7:15 PM



POST OFFICE BOX 8010
DUCK, NORTH CAROLINA
27949-8010

Prayer Requests

Please call the church office if you do not have e-mail and would like to receive notices of prayer requests.

To Communicate ~

Call us at 252-261-1525

Monday through Thursday or

Email anytime at:

office@duckchurch.org

Office Hours:

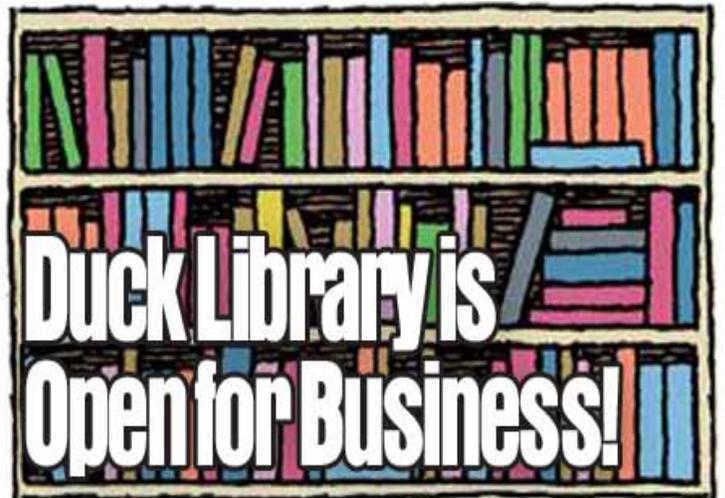
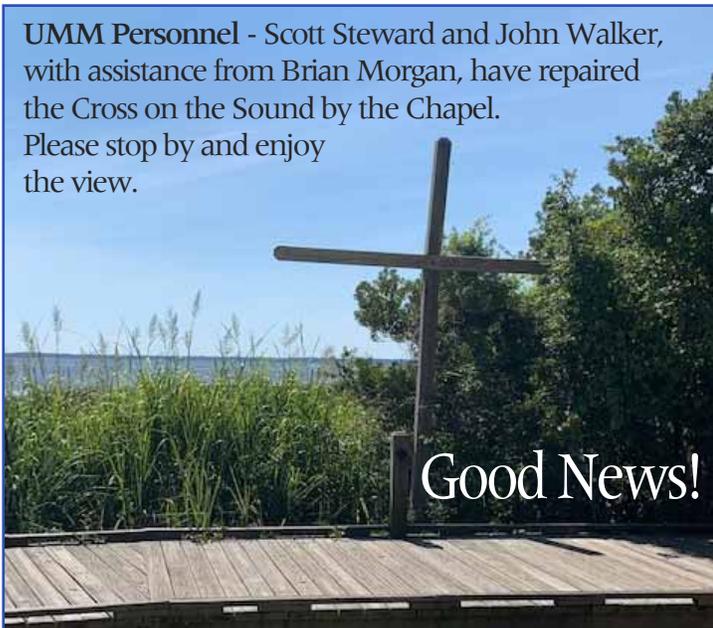


Monday through Thursday – 9:00 AM to 5:00 PM

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27949

The deadline for the October Duck Call is Thursday, September 16th. Thanks.

UMM Personnel - Scott Steward and John Walker, with assistance from Brian Morgan, have repaired the Cross on the Sound by the Chapel. Please stop by and enjoy the view.



A good book is a great way to broaden your spirituality...Check Out the DUMC Library!

Check Out DUMC on the World Wide Web

Visited our web site lately? Go to: www.duckchurch.org to find the Pastor's sermons, opportunities to serve, Mission activities, ministry for our children, youth and adults, the latest newsletter, and you can even donate on line. Check it out! www.duckchurch.org